

Annual Report

2025-2026



AMAR SAATH FOUNDATION

Standing with Marginalized and Migrant Communities

Together & Forever

ANNUAL REPORT

2025-2026



AMAR SAATH FOUNDATION

REG NO: 382/IV/2023

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KOCHI - 682024**

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1. ORGANIZATION DETAILS

1.1 Organisation Profile

Name:	Amar Saath Foundation
Registration Number:	382/IV/2023
Type:	Non-Governmental Organization (NGO)
Contact Details of Organization:	Amar Saath Foundation, AKG Road (Near Shopper's Shop) Edapally North P.O Kochi, Kerala – 682024
Phone:	+91 9633792337
Email:	amarsaathngo@gmail.com
Date and Year of Registration:	10-10-2023
Darpan ID:	KL/2023/0371139
Legal Status:	Registered Charitable Trust





1.2 Who We Are & How We Operate

Amar Saath Foundation is a registered charitable trust (Reg. No: 382/IV/2023), founded by a group of healthcare professionals, retired professionals, social workers, and homemakers, committed to empower migrant and marginalized communities across India.

Rooted in Kochi, Kerala, we extend our impact through community-driven programs focused on education support, livelihood enhancement, healthcare access, and environmental sustainability. We work in close partnership with local stakeholders, and NGOs to identify community needs and deliver practical need-based interventions. We emphasize collaboration, accountability, and measurable outcomes to ensure our interventions bring sustainable, meaningful change.

1.3 VISION

To create an inclusive society where migrant and marginalized communities live with dignity, security, and equal opportunities, regardless of religion, language, or gender

MISSION

We are committed to serving underserved communities by enabling access to food, clothing, education, healthcare, and sustainable livelihood opportunities. The Foundation actively promotes responsible reduction, reuse, and environmentally sustainable practices to advance both social well-being and environmental stewardship.

1.4 Main Objectives of the Organisation

- Promote Health and Well-being: Enhance preventive healthcare, hygiene awareness, substance abuse awareness, and access to medical services for migrant communities.
- Support Children's Development: Provide education, emotional care, and safe environments for vulnerable children.
- Empower Youth and Women: Offer vocational training, skill development, and livelihood opportunities for socioeconomically disadvantaged youth and women.
- Promote Environmental Sustainability: Encourage reuse and upcycling, raise environmental awareness, and reduce waste.

1.5 Compliance Registration with Govt. Agencies

- Registered Charitable Trust under The Indian Trusts Act, 1882 (Registration No. 382/IV/2023)
- Order under Section 12AA of the Income Tax Act, 1961.
- Order Under Section 80G (5)(vi) of the Income Tax Act. 1961.
- CSR Form 1 Registration (No:CSR00066055 - Registration for undertaking CSR activities)
- Darpan Portal Registration (ID No. KL/2023/0371139)



1.6 Board of Trustees



Dr. Sudhakar Muthyala, Former Scientist (Founder & Trustee, Amar Saath)

Dr. Sudhakar Muthyala, trained as a scientist and teacher, is currently serving as a philanthropist. He was raised in a farming family in Andhra Pradesh, India. Through his hard work and the support of well-wishers, he completed a Ph.D. in biomedical science and later served as research faculty at the Georgia Institute of Technology, USA. During his journey from village to city, he witnessed life from different angles, experiencing both the struggles of village life and the comfort of city life. Moved by these experiences, he began working among migrants and marginalized people, and in 2016, he left his academic career to dedicate himself fully to social work



Dr. Manitha B Nair, Scientist (Founder & Trustee, Amar Saath)

Dr. Manitha Nair is a scientist in regenerative medicine with over a decade of experience, having worked in both the USA and India. She believes that the purpose of her life is to serve others, and is actively engaged in addressing issues related to vulnerable children. She plays a significant role in nurturing new ideas and operationalizing Amar Saath. Dr. Nair is also the co-founder of Butterfly Cancer Care Foundation, an organization that stands for cancer affected children. She is the recipient of prestigious awards, including the Innovative Young Biotechnology Award and the Young Scientist Award.



Dan Paul Thomas, Entrepreneur (Co-Founder, Amar Saath)

Mr. Dan Paul Thomas is an entrepreneur who has dedicated his life to empowering young people and families from vulnerable backgrounds. As Director of Blossom Inners, he spearheads a transformative mission that impacts over 800 individuals and families.



Dr. Steive George, Sr. Consultant (Board Member)

Dr. Steive George, after completing his MBBS in Kerala, pursued a Diploma in Family Medicine and an MS in ENT from Christian Medical College, India. He also completed a palliative care course from Cardiff University, Wales. He has worked in mission hospitals in different parts of India for 10 years and can truly feel the pulse of the poor and marginalized in society. He is currently working as a family physician in Kochi.



Dr. Nisha Thomji, Professor (Board Member)

Dr. Nisha Thomji, Head of the Department of English at St. Albert's College (Autonomous), Ernakulam, has over 23 years of teaching experience. She inspires students to think critically and creatively, while also actively engaging with marginalized communities. She blends academic excellence with compassion and leadership, shaping minds both inside and beyond the classroom



Nalini Gopalakrishnan, Retd. Officer (Member)

Mrs. Nalini, a retired officer, is interested in promoting education among underprivileged children. She has volunteered with many organizations that work among children in slums and tribal areas. At Amar Saath, she is active in the Amar Jyothi program



Sneha Susan Verghese, Home Maker (Member)

Sneha Varghese is a qualified dietician, but her passion lies in community service. She actively engages with youth and brings comfort to the elderly through her choir music. At Amar Saath, she supports cloth collection initiatives under the Amar Daan programme.

2. CORE INITIATIVES

2.1 Amar Ayush (Health Care)

Many interstate migrant workers experience health challenges such as dermatological infections, musculoskeletal disorders, depression, and occupational injuries due to long working hours, low wages, and insecure working conditions. Although Kerala has well-developed healthcare facilities, migrants often face barriers including language gaps, time constraints, financial limitations, and limited awareness of available services.

Amar Ayush aims to promote preventive health, hygiene practices, and substance abuse awareness among migrant communities, in alignment with UN SDG 3 (Good Health and Well-being).

Our Strategies

2.1.1 Medical Camps

Amar Saath Foundation regularly conducts medical camps targeting migrant and marginalized communities to bridge gaps in primary healthcare access. Beneficiaries receive health check-ups, general consultations, basic diagnostic support, referrals for specialized care when required, and distribution of essential medicines. These camps ensure timely and community-centered healthcare delivery in underserved areas.

2.1.2 Awareness Sessions and Counselling

Each medical camp includes structured awareness sessions and individual counselling. Key focus areas include anti-drug and substance abuse awareness, menstrual hygiene education, and general health and hygiene practices. These interventions aim to improve health literacy, encourage early help-seeking behavior, and promote safer community practices.

2.1.3 Medical Equipment and Medicine Distribution

Based on assessed need, the Foundation distributes essential medical equipment and supplies such as first-aid materials, wheelchairs, hygiene kits, and basic medicines to vulnerable individuals, including residents of old age homes. This support improves access to essential care and reduces health risks among underserved populations.



AMAR AYUSH
Health Care
(SD Goal 3)

2.2 Amar Jyothi (Child Care & Education)

UNESCO's Global Education Monitoring Report highlights that, children from slum, tribal, child-care centres, and migrant communities are highly vulnerable to educational exclusion due to poverty, poor learning environments, and lack of remedial support. Many also lack stable, nurturing environments that support their emotional and developmental needs, emphasizing the urgent need for holistic interventions.



AMAR JYOTHI
Child Care & Education
(SD Goal 4)

Amar Jyothi addresses these challenges by promoting the overall development of children from vulnerable background, supporting their learning, emotional well-being, and safe family environments. This initiative aligns with UN SDG 4: Quality Education and SDG 3: Good Health and Well-Being.

2.2.1 Bridge Classes

The Bridge Class programme supports migrant and marginalized children who experience learning gaps due to language barriers, irregular schooling, or frequent migration. The initiative strengthens foundational skills in English, Malayalam, Hindi, and Mathematics through activity-based learning, continuous assessment, and individual attention. It enables children to integrate into mainstream schooling while improving academic performance, communication, discipline, and confidence.

2.2.2 Extracurricular Activities

The Foundation promotes extracurricular activities to support the holistic development of children, which cultural celebrations as well as thematic observances like Poster Day, Environmental Day etc. Through participation in these programmes, children develop confidence, teamwork, communication skills, and cultural and environmental awareness. These activities play an important role in nurturing talents and strengthening the overall personality and learning experience of each child.

2.2.3 Back-to-School Programme

This initiative facilitates the reintegration of migrant and marginalized children into formal education after periods of dropout, irregular attendance, or learning gaps. Support includes school readiness activities, orientation, learning materials, counselling, and parent awareness. The programme reduces dropouts, improves attendance, and motivates children to continue their education with confidence.

2.2.4 Financial Support

The Foundation provides need-based financial assistance to children from vulnerable families. Support covers school fees, uniforms, study materials, transportation, and other academic requirements. This intervention prevents educational discontinuity and strengthens children's long-term learning outcomes.

2.2.5 Educational Provisional Support

To ensure equal access to schooling, the Foundation distributes essential educational materials, including uniforms, textbooks, notebooks, school bags, and stationery, sourced from donors and partner institutions. This support enhances school readiness, reduces absenteeism, and enables children to attend school with dignity.

2.2.6 Foster Care Awareness

The Government of India's Foster Care Programme aims to provide children in institutional care with safe and family environment that ensures emotional care, stability, and a sense of belonging. Amar Saath Foundation supports this national initiative by conducting awareness programmes on both general and vacation foster care schemes.

2.3 Amar Yuva (Youth Skill Development)

Most young people from migrant and socio-economically disadvantaged families lack specialized skills due to limited education and minimal access to formal training. As a result, many remain trapped in low-paid, insecure jobs with little opportunity to progress.

Amar Yuva aims to equip youth from migrant and socioeconomically disadvantaged families with vocational training, skill development, and entrepreneurial support, equipping them with practical competencies and dignified, sustainable livelihoods. This initiative aligns with UN SDG 4 (Quality Education) and SDG 8 (Decent Work and Economic Growth).

2.3.1 Vocational Training

The Vocational Training aims to empower youth and women from migrant and marginalized communities by providing practical, income-generating skills, which includes snack making, electrical work, plumbing, painting, mushroom cultivation etc. The programme enhances employability, and supports participants in sustainable income opportunities.



AMAR YUVA
Youth Skill Development
(SD Goal 8)

2.3.2 Job Support

The Foundation facilitates job support to help migrant community members access appropriate employment opportunities. The support includes job search, employer linkages, and assistance in identifying suitable openings aligned with individual skills and interests.

2.3.3 Entrepreneur Support

The Foundation provides entrepreneur support to individuals, particularly women, youth, and members of migrant and marginalized communities, who seek to initiate or strengthen small livelihood enterprises. Through guidance and financial support, the programme promotes small-scale entrepreneurship, enabling beneficiaries to achieve economic independence.

2.4 EcoSparsh (Environmental Initiatives Programme)

India produces an estimated 7.8 million tonnes of textile waste annually, making it one of the world's largest contributors. A significant portion ends up in landfills, highlighting the urgent need for sustainable environmental solutions.



ECOSPASH

Women Empowerment
& Green Initiatives
(SD Goal 12)

EcoSparsh tackles this challenge by promoting the reuse and upcycling of materials, primarily textiles, while also raising awareness among students about sustainable practices.

Women from coastal communities are trained and employed for upcycling process, creating livelihoods and reducing environmental waste. This initiative aligns with UN SDG 12: Responsible Consumption and Production and SDG 13: Climate Action.

2.4.1 Amar Daan (Cloth Donation)

Amar Daan is the Foundation's flagship material support initiative aimed at reducing clothing insecurity among vulnerable populations. The programme systematically collects gently used clothing and household items from residential communities, educational institutions, and other donors. All received materials undergo careful segregation, quality assessment, and hygienic packing to ensure dignity and usability for beneficiaries. The sorted items are distributed to low-income families, migrant communities, tribal villages, orphanages, and old-age homes across India. Through this initiative, Amar Saath Foundation reduces clothing deprivation and promotes a culture of responsible giving and reuse.

2.4.2 EcoArtisans (Upcycling Initiative)

EcoArtisans focuses on textile upcycling and women's livelihood promotion. Under this initiative, non-reusable fabrics and textile waste are transformed into value-added products such as tote bags, sanitary pads, and other eco-friendly utility items. The programme provides skill training and income opportunities to women from socio-economically disadvantaged families, enabling them to participate in sustainable micro-enterprise activities. EcoArtisans contributes to waste reduction, promotes circular resource use, and strengthens community-based livelihood systems.

2.4.3 Rebon Thrift Store

The Rebon Thrift Store is the Foundation's social enterprise platform that curates and sells premium donated items in good usable condition. Proceeds generated through sales are reinvested into Amar Saath Foundation's social programmes. The store also serves as a community awareness platform promoting responsible consumption, reuse, and circular economy practices. By extending the lifecycle of usable goods, the initiative simultaneously supports environmental sustainability and programme self-reliance.



3. ACTIVITY REPORT (2025-2026)



3.1 AMAR AYUSH

(Health Care)

In 2025–2026, we provided support to 500 individuals, including 229 men, 237 women, and 34 children through Amar Ayush Programme. Individuals from 12 states Benefited through the program, with the highest representation from Assam. A total of five medical camps, accompanied by awareness sessions and medicine distribution were organized across different places by a dedicated team of doctors and volunteers.





3.1.1 Total Beneficiaries (Amar Ayush)

- State Wise:

Sl. No.	State	Number of Migrants
1	Kerala	177
2	Assam	151
3	West Bengal	66
4	Odisha	64
5	Bihar	48
6	Jharkhand	15
7	Uttar Pradesh	15
8	Chhattisgarh	10
9	Karnataka	2
10	Madhya Pradesh	2
11	Andhra Pradesh	1
	Tamil Nadu	1
	Total	552

Table 1: Total outreach of Amar Ayush (State wise representation)

- Gender Wise:

Sl. No.	Gender	Number of Migrants
1	Male	229
2	Female	246
3	Children	77

Table 2: Total outreach of Amar Ayush (Gender wise representation)





3.1.2 Medical Camp Details

3.1.2.1 Muppathadam Medical Camp

3 May 2025 | Muppathadam Cooperaative House, Eloor

Total Beneficiaries: 60 (Male: 28, Female: 32)

Amar Saath Foundaiton, in collaboration with Muppathadam Cooperative Clinic organized a free medical camp for migrant and underserved communities. The camp provided primary health consultations and essential diagnostic screening for early identification of anemia, diabetes, liver and kidney abnormalities, and cholesterol-related concerns. Based onn medical assessment, 12 individuals requiring further evaluation were referred and facilitated for follow-up care.



Figure 1: Medical Camp at Muppathadam Region (60 individuals were benefitted)



Figure 2: Medical Camp at Edachira Region (102 migrants were benefitted)

3.1.2.2 Eramallur Medical Camp

10 August 2025 |

Rekha Convention Centre Eramallur

Total Beneficiaries: 138

(Male: 12, Female: 125 Children:1)

The medical camp provided free medical consultations, essential medicines, and counselling support for individuals and families. Specialized services were offered in General Medicine, Gynecology, and Dental Care. The majority of beneficiarees were migrant workers from Assam, with others from Odisha, Jharkhand, and Chhattisgarh.





3.1.2.3 Thevara Medical Camp

28 September 2025 | Kids Joy School, Thevara
 Total Beneficiaries: 104 (Male: 50, Female: 35, Children: 19)

Amar Saath Foundation organized a free medical camp for migrants employed at Thevar region. The camp provided free medical consultations, essential medicines, and counseling support for individuals and families. The majority of beneficiares were migrant workers from West Bengal, Uttar Pradesh, and Bihar, with others from Jharkhand and Andhra Pradesh.



Figure 3: Medical Camp at Thevara Region (104 migrants were benefitted)

3.1.2.4 Allapara Medical Camp

26 October 2025 | Allapara, Perumbavoor
 Total Beneficiaries: 131 (Male: 105, Female: 16, Children, 10)

Amar Saath Foundation conducted a free medical camp for migrant workers, many of whom were employed in plywood factories and road constuction. Specialized care was provided in General Medicine and Gynecology. Most beneficiaries were migrant workers from Assam, Odisha, and West Bengal, with others from Uttar Pradesh and Bihar.



Figure 4: Medical Camp at Allapra Region (131 migrants were benefitted)





3.1.2.5 Pallissery Medical Camp

January 2026 | Pallissery, Angamaly

Total Beneficiaries: 29 (Male: 21, Female: 4, Children: 4)

Amar Saath Foundation conducted a free medical camp at Pallissery, which provided free medical consultations, essential medicines, and counseling support for individuals and families. The majority of the beneficiaries were migrant workers from Odisha, with others from West Bengal.



Figure 5: Medical Camp at Pallissery (29 migrants were benefitted)

3.1.2.6 Kakkanad Medical Camp

22 February 2026 | Home of Faith, Kakkanad

Total Beneficiaries: 52 (Female: 9, Children: 43)

Amar Saath Foundation organized a medical camp for children residing in institutional care at the Home of Faith, Kakkanad. A total of 52 participants, including children and inmates, benefited from the health check-up services provided. The programme also featured an interactive ice-breaking session led by psychologist Mrs. Rachel, helping children overcome fear and anxiety while creating a safe space to express their emotions. With the dedicated support of Dr. Divya, Dr. Raymol, and our committed volunteers, the day became truly meaningful and colourful for the children.



Figure 6: Medical Camp at Home of Faith (52 inmates were benefitted)





3.1.3 Awareness Sessions and Counselling

During the year, structured awareness sessions were conducted for all participants attending the medical camps, both in group settings and through individual interactions. Key focus areas included anti-drug and anti-alcohol awareness, substance misuse prevention, and menstrual hygiene education for women.

Participants requiring additional emotional or psychosocial support were provided individual counselling, particularly migrant workers facing work-related and socio-economic challenges. This intervention helped improve health awareness, promote safer behaviours, and address immediate psychosocial concerns among beneficiaries.



Figure 7: Awareness Sessions and Counselling at different Medical Camps)





3.1.4 Medical Equipment/Medicine Distribution

3.1.4.1 Wheels of Hope

In June 2025, Amar Saath Foundation, in collaborations with Siemens, distributed nine wheelchairs to financially underprivileged individuals across Kerala under the Wheels of Hope initiative. Three wheelchairs were provided to two old age homes, Anugraha Old Age Home, Angamaly, and Hope Old Age Home, Kalamassery, while six were distributed to individual beneficiaries in remote districts. The support significantly improved mobility, independence, and daily functioning among recipients.



Figure 8: Wheels of Hope Beneficiaries)

Subsequently, on 2 July 2025, the Foundation donated an additional compound wheelchair to Anugraha Old Age Home, Angamaly. During the visit, the team also engaged with inmates through interactive activities to promote emotional well-being and social inclusion. Through this initiative, Amar Saath Foundation continues to enhance quality of life for elderly and mobility-impaired individuals.



Figure 9: Wheels of Hope Beneficiaries)

3.1.4.2 Medicine & Diaper Distribution

Amar Saath Foundation conducted a support visit to Gandhigram Dermatology Government Hospital, Koratty, Kerala to assist persons affected by leprosy. During the outreach, essential medicines, clothing, diapers, and sweets were distributed to 27 inmates based on identified needs.



Figure 10: Gandhigram Dermatology Government Hospital, Koratty





3.2 AMAR JYOTHI

Child Care & Education



During FY 2025–2026, Amar Saath Foundation supported 304 children through educational assistance, bridge learning, material support, and foster care awareness initiatives. Among them, 145 children attended Bridge Classes, 153 children received educational material (provisional) support, and 6 children were provided individualized educational assistance. Extracurricular enrichment activities were integrated across programmes to promote holistic development. The majority of beneficiaries were migrant children from Odisha and marginalized children from Kerala.





3.2.1 Total Outreach:

- State Wise:

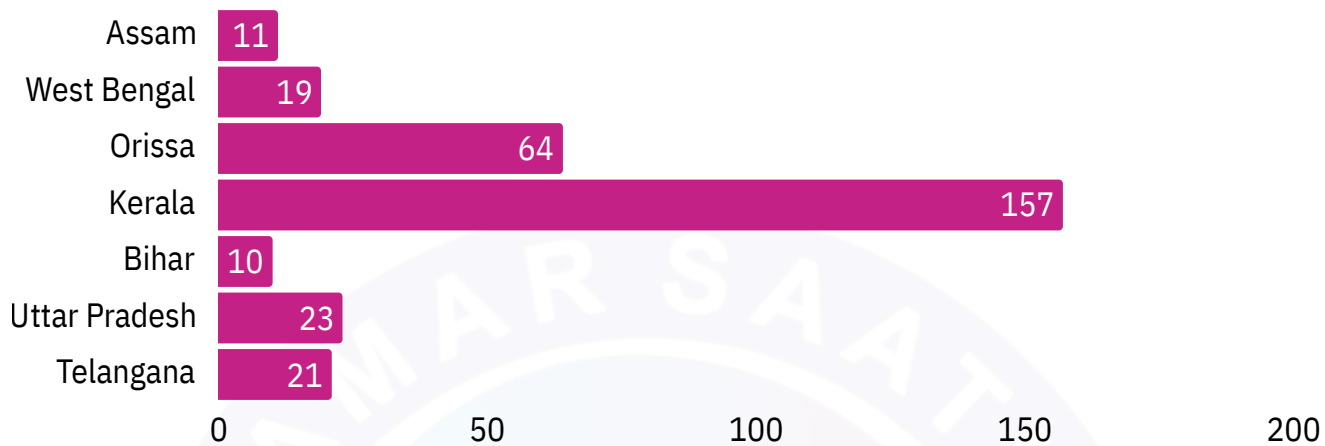


Table 3: Total outreach of Amar Jyothi (State wise representation)

- Gender Wise:

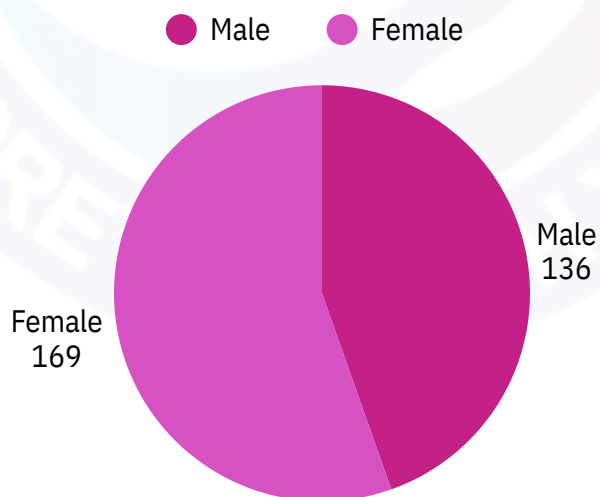


Table 4: Total outreach of Amar Jyothi (Gender representation)





3.2.2 Bridge Class

Bridge Classes were conducted to support migrant and marginalized children facing learning gaps due to language barriers, irregular schooling, or limited academic support at home.

Key Centres:

- Kodanad, Ernakulam, Kerala: 17 children supported through structured daily tuition
- South Kalamassery, Ernakulam, Kerala: 18 children benefited through two academic levels (lower and upper groups)
- Kandhamal, Odisha: 14 destitute children received comprehensive academic support
- Malkangiri, Odisha: 41 tribal children supported in collaboration with Nuvajeevan Foundation
- West Bengal (Kolkata): 15 children received educational assistance and learning materials
- Khammam, Telangana: 21 Children received comprehensive academic support.
- Lakhimpur , Uttar Pradesh : 20 children received comprehensive academic support.



Figure II: Bridge Class at Kodanad





Figure 12: Bridge Class at Kalamassery, Kerala



Figure 13: Bridge Class at Kandhama, Orissa



Figure 14: Bridge Class at West Bengal





Figure 15: Bridge Class at Malkangiri, Orissa



Figure 16: Bridge Class at Khammam, Telangana



Figure 17: Bridge Class at Lakhimpur, Uttar Pradesh





3.2.3 Extra Curriculum Activities

The Foundation organized structured extracurricular activities to support holistic child development, creativity, and social inclusion.

3.2.3.1 Summer Camp (South Kalamassery)

The camp aimed to provide meaningful engagement during the vacation while promoting life skills, creativity, and cultural understanding. The programme included music, storytelling, interactive games, and hands-on activities conducted in a structured and child-friendly manner. Sessions were facilitated by trained teachers, with support from BSW interns and volunteers. A total of 18 migrant children benefited from the camp, gaining improved confidence, social interaction, and constructive learning exposure.



Figure 18: Summer Camp at Kalamassery, Kerala

3.2.3.2 Environmental Day (Kodanad)

Amar Saath Foundation celebrated World Environment Day with migrant students of Mar Augen High School, Kodanad. The programme featured songs, dances, and short skits highlighting the importance of environmental protection. Foundation team members interacted with the children and encouraged students to take an active interest in caring for nature.



Figure 19: World Environment Day Celebration at Mar Augen High School, Kodanad





3.2.3.3 Cultural Festival Celebration for Migrant Children

Amar Saath Foundation organized an Onam celebration on 6 September 2025 at the Kalamassery Tuition Centre to provide migrant children with a joyful cultural experiences while promoting togetherness, creativity, and participation. Around 15 tuition students, along with dedicated volunteers, took part in the programme. The celebration featured cultural activities, games, and interactive sessions, creating a festive and inclusive atmosphere for all. A group of dedicated volunteers from Rajagiri College and St. Albert's College actively supported the event.



Figure 20: Onam Celebration at Kalamassery

3.2.3.4 Children's Day Celebration

Children's Day was celebrated on 14 November at Kalamassery for migrant children in collaboration with NSS volunteers from Rajagiri College. The programme included games, fun activities, and creative sessions that fostered inclusion, confidence, and positive engagement among the children.



Figure 21: Children's Day Celebration at Kalamassery





3.2.4 Financial Support

Amar Saath Foundation provided financial support to children from marginalized families to help prevent school dropouts due to financial hardship. During the year, **6 children** (4 boys and 2 girls) benefitted from this support).

3.2.5 Provisional Support

3.2.5.1 Cycle Distribution

On May 2, 2025, the Amar Saath Foundation, in collaboration with Team Building PRO and AWS, distributed bicycles to seven children from financially underprivileged families in Kochi, Kerala under the “Ride to Ride” initiative. The event was inaugurated by filmmaker Sibi Malayil and cyclist- Excise Officer Justin TX. An anti-drug awareness session was also conducted for 30 participants. The bicycles will support the children’s daily commute to school and reduce the financial burden on their families. Most of the recipients belonged to families affected by cancer.



Figure 22: Cycle Distribution at Amar Saath Foundation





3.2.5.2 Smiles in a Backpack

Amar Saath Foundation distributed educational material to **7 children** through a special initiative called “Smiles in a Backpack.” Each backpack included essential learning supplies such as a school bag, notebooks, pens, pencils, a pencil box, and other basic stationery. This small gesture helped children start their academic journey with joy, and the resources they need to learn effectively.



3.2.5.3 Joy in the Box

Amar Saath Foundation, in collaboration with Joyful Kids, distributed stationary kits to migrant and destitue children across multiple locations, he iniative reached **48 children** at Immanuel Orphanage, Angamaly; **20 migrant children** in Kanjurakkad; **18 children** at Prathyasha Bhavan, Palluruthy; and **25 children** at Balika bhavan, Elenthikara. Through this festive outreach, were were able to spread smiles, hope, and warmth, ensuring that every child felt valued, supported, and celebrated.



Figure 23: Gift distribution to Marginalized & Migrant Children





3.2.6 Foster Care Programme

3.2.6.1 Follow-up Meeting with Foster Families in Kochi

In February 2025, Amar Saath Foundation, in collaboration with the District Child Protection Unit (DCPU), Kochi, conducted a foster care awareness programme that motivated **eight families** to express their willingness to foster children. As a follow-up, the families reunited in Kochi to share their experiences and discuss strategies for expanding foster care awareness to other districts. The families reflected positively on their fostering journeys.



Figure 24: Follow up meeting of Foster Care Parents

3.2.6.2 Foster Care Awareness Programme

Amar Saath Foundation successfully organized a Foster Care Awareness Session to educate the community on the importance and procedures of foster care. The session featured expert inputs from Nishad K. M., Programme Officer (ICPS), Women and Child Development Department, Kerala, and K. K. Shaju, Member, Kerala State Commission for Protection of Child Rights. The programme covered key aspects including the purpose of foster care, eligibility criteria, procedures, and the role of families in providing temporary care and emotional support to children in need. An interactive Q&A segment enabled participants to clarify their queries. With the participation of **109 individuals**, the session generated meaningful awareness and encouraged more families to consider foster care as a supportive child welfare measure.

FOSTER CARE AWARENESS SESSION

"Open Your Heart & Home to a Foster Child - Change a Life Forever."

Nishad K M
Programme Officer (ICPS),
Women and Child Development
Department, Kerala

KK Shaju
Member, Kerala State Commission
for Protection of Child Rights

12 Feb 2026
Thursday

07:45 PM - 09:00 PM

Online Meet

Scan to Register Before 10th Feb 2026

- ◆ Understanding Foster Care
- ◆ How General & Vacation Foster Care Work
- ◆ Legal Rights and Responsibilities in Foster Care
- ◆ Open Q&A with Experts

Join us in making a difference!

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Figure 25: Foster Care Online Awareness Session





3.3 AMAR YUVA Youth Skill Development

In 2025–2026, Amar Saath Foundation provided skill training to 130 youth (112 males and 18 females), with the highest participation from Kerala. The training covered practical livelihood skills such as snack making, mushroom cultivation, electrical work, and plumbing, aiming to enhance employability and income-generation opportunities.



3.3.1 Total Outreach under Amar Yuva

- State Wise:

SLNO	State	Number of Migrant Youths
1	Kerala	30
2	Madhya Pradesh	23
3	Chhattisgarh	17
4	Assam	10
5	Maharashtra	10
6	Jharkhand	7
7	Punjab	6
8	Bihar	6
9	Odisha	5
10	West Bengal	4
11	Karnataka	3
12	Himachal Pradesh	3
13	Delhi	3
14	Haryana	2
15	Sikkim	1
	Total	130

Table 5: Total outreach of Amar Yuva (State wise representation)

- Gender wise:

Sl. No:	Gender	Migrant Youths
1.	Male	112
2.	Female	18

Table 6: Total outreach of Amar Yuva (Gender representation)



3.3.2 Skill Training Programme

3.3.2.1 Samosa Making Training

On 6 August 2025, Amar Saath Foundation conducted a Samosa Making Training at Doulos College, Aluva. A total of **nine young migrant participants** attended the hands-on session, where they learned the step-by-step process of preparing samosas, including filling preparation, dough making, shaping, and frying. The training enhanced participants, while encouraging them to explore small food business and entrepreneurship opportunities.



Figure 26: Samosa Making Training (9 youth benefited from this)

3.3.2.2 Mushroom Cultivation Training

Amar Saath Foundation conducted a Mushroom Cultivation Training on 22 November 2025 and 5 March 2026 in association with the Rajagiri Bioscience Department at Aluva and Angamaly. A total of 46 young migrant participants attended the session and were trained in the fundamentals of mushroom cultivation, including preparation, maintenance, and harvesting. The programme aimed to build practical, income-generating skills and encourage participants to pursue sustainable livelihood opportunities within their communities.



Figure 27: Mushroom Cultivation Training (46 youth benefited from this)

3.3.2.3 Painting Workshop

Amar Saath Foundation, in collaboration with Asian Paints, conducted a six-day Basic Painting Workshop at Beautiful Home Academy, Edapally, from 27 January to 2 February 2026. The programme combined theory and hands-on practical sessions, making it beneficial for the **13 participants**. Most participants were from Kerala, with others joining from Odisha and West Bengal.

Amar Saath Foundation conducted another Painting Workshop for **29 migrant youth** in Kerala from 09 Feb to 14 Feb 2026. The participants received comprehensive exposure ranging from basic painting techniques to advanced texture painting, including wood and metal painting applications.



Figure 28: Painting Workshop at Edapally & Karukkutty (42 youth benefited from this)



3.3.2.4 Electric & Plumbing Workshop

Amar Saath Foundation conducted a five-day Electric & Plumbing Workshop from 16 to 20 February 2026 at Karukkuty, Angamaly. The training blended theory with hands-on practice, covering essential skills such as basic wiring, electrical safety, pipe fitting, leak detection, and common household repairs. The workshop helped participants build strong practical abilities and boosted their confidence to take up entry-level jobs and small service-based livelihood opportunities. A total of 29 youth benefited from this initiative.



Figure 29: Electric & Plumbing Workshop at Karukkuty (29 youth benefited from this)



3.3.3 Entrepreneur Support

Amar Saath Foundation extended livelihood support to **two women** from marginalized backgrounds to help them achieve financial stability and self-reliance. One beneficiary received a wet grinder machine, enabling her to start a small-scale home-based food business producing items such as idli and dosa, thereby creating a sustainable income source for her family.

Another beneficiary, a widowed mother of four with tailoring skills, was provided with cloth materials and financial assistance to strengthen and restart her stitching work from home. With this timely support, she is now earning independently and meeting her family's daily needs.



Figure 30: Wet Grinder Machine Distribution

3.3.4 Job Support

Amar Saath Foundation provided job support to **two migrant youth** from a remote village in Odisha who faced difficulties securing employment due to language barriers and lack of local networks. Through guidance and placement support from the foundation, both individuals obtained jobs at Elite Cake Company and are now earning a stable income to support their families.



3.4 ECO SPARSH (Women Empowerment & Green Initiatives)

Amar Saath Foundation partnered with multiple residential communities and schools across Kochi to strengthen its cloth collection network. Dedicated Amar Saath collection bins were installed in selected apartment complexes, enabling residents to conveniently donate gently used clothes. Collected materials are regularly picked up by Amar Saath volunteers and undergo systematic sorting. Re-Usable items are redistributed through the Amar Daan initiative, while non-reusable textiles are routed for upcycling under the EcoArtisans project, promoting both social impact and sustainable reuse. Further strengthening the reuse ecosystem, Amar Saath launched the online ReBON Thrift Store, through which 100% of the profits are channelled into community outreach programmes.

In addition to clothing support, Amar Saath also provides food and essential household items such as furniture, electronic appliances, books, and other basic materials to beneficiaries. This holistic support helps families improve their living conditions and reduces their immediate financial burden.



Figure 3I: Cloth Collection Bin Placed in Different Apartments in Kochi



3.4.1 Total Outreach under EcoSparsh

• State Wise

Sl. No	Gender	Number of Beneficiaries
1.	Tamil Nadu	1802
2.	Maharashtra	1598
3.	Telengana	900
4.	West Bangal	635
5.	Kerala	593
6.	Uttar Pradesh	472
7.	Odisha	338
8.	Bihar	329
9.	Assam	226
10.	Andra Pradesh	140
11.	Gujrath	129
12.	Jharkand	69
13.	Delhi	24
14.	Manipur	1
Total		7256

Table 7: Total outreach of EcoSparsh (State representation)

• Gender Wise

Sl. No	Gender	Number of Beneficiaries
1.	Male	2200
2.	Female	2714
3.	Children	2342

Table 8: Total outreach of EcoSparsh (Gender representation)





3.4.2 Amar Daan Project

3.4.2.1 Cloth Donation

During 2025–2026, we have supported **7,256 individuals** from marginalized communities, including **2,200 men**, **2,714 women**, and **2,342 children** through Amar Daan programme. A total of **19,224 items** were distributed across the country. Support was extended both to individuals and through partner NGOs across India. Beneficiaries included people from tribal villages, orphanages, slums, shelter homes, individuals with visual impairments, and street-connected children.



Figure 32: Cloth Donated in Different Places across India





3.4.2.2 Household and Food Distribution

Team Praise Foundation generously donated **57 bags** (1710 Kg) of wheat flour to the Amar Saath Foundation, which were distributed to **864 deserving migrants** and marginalized community in different parts of Kerala as part of the “Flour to Field” initiative. This contribution eases daily struggles, and supports the well-being of those in need.

In addition, we provided essential household items such as a gas stove, mixer, and vessels to four migrant families



Figure 33: Wheat Flour Distribution to Migrant People





3.4.2.3 Institutional Infrastructure Support

Amar Saath Foundation strengthened institutional infrastructure through the donation of essential items. A total of 65 chairs were distributed, 25 to the Kakkanad Jail and 30 to Immanuel Orphanage, Angamaly. In addition, a television was provided to the Mattanchery Sub Jail to support recreational and informational needs of inmates. These contributions aimed to enhance basic facilities and improve comfort and well-being for the beneficiaries.



Figure 34: TV Donated to Sub Jail Mattanchery





3.4.3 EcoArtisans (Upcycling)

Under this initiative, recyclable textile waste is transformed into eco-friendly products such as cloth bags and reusable sanitary pads. Women from coastal communities are trained and engaged in production, enabling steady livelihoods while promoting environmental sustainability.

During the year, around **15 coastal women** earned daily income by upcycling linen bedsheets into tote bags supplied to Blossom for packaging needs, with the full payment transferred directly to the women artisans. In addition to tote bags, reusable sanitary pads were produced and distributed among tribal women.

To ensure a steady supply of raw materials, Amar Saath signed MoUs with Grand Hyatt Kochi Bolgatty and Crowne Plaza Kochi, while Hotel Lilac supported the initiative through linen donations



Figure 35: Upcycling Activities





3.4.4 ReBon: Online Thrift Store

ReBon Thrift Store is a unique initiative of Amar Saath Foundation that blends sustainability with social impact. During the year, the store generated ₹ 12,846 which was fully utilized for community outreach programmes.



To strengthen the thrift ecosystem, Amar Saath partnered with REWAGO and Thanalidam, which curate and responsibly sell selected premium items. In addition, thrift stalls were organized in colleges to promote the concept of reuse among youth and encourage sustainable consumption practices.



Figure 36: ReBon Stall at St. Albert's Collage



3.5 COLLABORATIONS

Many interstate migrant workers experience health challenges such as dermatological infections, musculoskeletal disorders, depression, and occupational injuries due to long working hours, low wages, and insecure working conditions. Although Kerala has well-developed healthcare facilities, migrants often face barriers including language gaps, time constraints, financial limitations, and limited awareness of available services.

Amar Ayush aims to promote preventive health, hygiene practices, and substance abuse awareness among migrant communities, in alignment with UN SDG 3 (Good Health and Well-being).

3.5.1 St. Albert's College – Department of English

Amar Saath Foundation has signed a Memorandum of Understanding with the Department of English at St. Albert's College to strengthen collaborative community development initiatives. This partnership aims to provide students with meaningful service-learning opportunities while supporting Amar Saath's programmes for migrant families. Through this MoU, students will engage in activities such as teaching migrant children, supporting thrift store operations, assisting in awareness programmes, and participating in field-based social work projects. The collaboration is expected to enhance students' practical exposure, empathy, and social responsibility while enabling Amar Saath to expand its reach and impact in marginalized communities.



Figure 37: MoU Signing Ceremony St. Albert's Collage



3.5.1.1 Salute & Support

Amar Saath Foundation, in collaboration with the Department of English at St. Albert's College, organized Salute & Support 2025 to honour the dedicated personnel of the Kochi City Traffic Police. The programme aimed to appreciate their consistent efforts in maintaining road safety and ensuring the smooth flow of traffic in the city.

As part of the initiative, the team visited traffic points and presented each officer with a small gift box and an appreciation card as a token of gratitude. The activity created meaningful interaction and highlighted the importance of acknowledging frontline service providers.

The event was supported through kind donations and sponsorships from BLOSSOM and Poppy, adding value to the programme. Overall, the initiative strengthened community connection and recognized the invaluable service of Kochi's traffic police.



Figure 38: Salute & Support Outreach Programme.



3.5.2 Collaboration with the NSS Unit of Rajagiri College

Amar Saath Foundation collaborated with the NSS Unit of Rajagiri College to strengthen educational support for migrant children in Kalamassery. Through this partnership, NSS volunteers dedicated their time from Monday to Friday, assisting children with reading, writing, language development, and basic subject learning. Their consistent presence helped create a structured learning routine that many migrant children previously lacked. The initiative offered dual benefits: volunteers gained hands-on experience in community engagement, social responsibility, and teaching, while the children received personalized attention, improved academic performance, and enhanced confidence. This collaboration not only contributed to the children's educational growth but also deepened the volunteers' understanding of migrant realities, making the programme impactful for both groups.



Figure 39: NSS Vounteers from Rajagiri College



4. FUTURE PLANS

4.1 Amar Ayush (Health Care)

Building on the success of medical camps conducted across six locations, we plan to significantly expand our healthcare initiatives in the coming year.

4.1.1 Expanding Outreach

In the upcoming year, we aim to conduct one medical camp per month across various locations in Kerala. This expansion will enable us to reach a broader population and provide essential healthcare services to underserved communities. Each camp will continue to offer medical consultations, health education, and free distribution of medicines.

4.1.2 Focus on Non-Communicable Diseases (NCDs)

With the rising prevalence of non-communicable diseases such as hypertension, diabetes, and cardiovascular conditions, we will prioritize early identification and management of these conditions. Specialized screenings and targeted consultations will be integrated into all medical camps to ensure timely diagnosis and intervention.

4.1.3 Strengthening Follow-Up Care

To ensure continuity of care, we will establish a follow-up system for individuals diagnosed with NCDs, including medication adherence support and lifestyle counselling.

4.2 Amar Jyothi (Child Care)

Recognizing the need for accessible education and childcare, we plan to establish tuition centres in selected locations across India. These centres will provide safe, supportive, and nurturing environments for children.

4.2.1 Educational Support

We will establish tuition centres offering academic assistance and language support to children from marginalized backgrounds, helping them improve their learning outcomes and academic performance.

4.2.2 Holistic Development through Extracurricular Activities

Beyond academics, children will be encouraged to participate in arts, sports, and cultural activities, fostering creativity, confidence, and overall personality development.



4.3 Amar Yuva (Youth Skill Development)

In the coming year, we aim to expand the reach of the Amar Yuva programme, with a target of training at least 25 youth.

4.3.1 Comprehensive Skill Development

The programme will offer a diverse range of skill development courses tailored to participants' interests and market needs. This includes both vocational training and essential soft skills, enhancing employability and career readiness.

4.3.2 Entrepreneurial Support

Selected participants will receive mentorship, guidance, and financial assistance to help transform their innovative ideas into sustainable business ventures.

4.3.3 Partnerships and Collaboration

To scale our impact, we will strengthen collaborations with educational institutions, industry partners, and community organizations, creating a robust support ecosystem for youth development.

4.4 EcoSparsh (Women Empowerment and Green Initiatives)

Encouraged by the positive impact of our clothing donation initiative, we plan to expand its reach to benefit more underserved communities.

4.4.1 Establishment of Collection Centres

We aim to set up collection centres in residential complexes and educational institutions, making it easier for individuals and organizations to donate clothing. This decentralized approach will enhance accessibility and encourage wider community participation.

4.4.2 Community Engagement and Collaboration

We will deepen our engagement with local communities, residential associations, educational institutions, and non-profit organizations. These collaborations will help us expand the reach of our initiative and support a larger number of beneficiaries, including migrant populations and tribal communities



5. OUR PARTNERS

Amar Saath Foundation continues to strengthen its community initiatives through the consistent support of various partners. BLOSSOM provides monthly donations that help sustain all major programmes. Collaborative efforts with the Department of English at St. Albert's College, Rajagiri College, and Thanalidam of UC College enabled activities such as teaching migrant children, cloth sorting, and thrift-store operations. Logistical assistance from JRI Ventures and material donations from Novelty Textiles further enhanced programme delivery. The Praise Foundation contributed one tonne of wheat flour for marginalized families, while cycles and wheelchairs were provided through Team Building Pro, Amazon Web Services, and Siemens. Hotels including Grand Hyatt Kochi Bolgatty, Crowne Plaza Kochi, Hotel Lilac, and Hotel Millennium Continental supported the EcoArtisans women empowerment project by donating bedsheets.

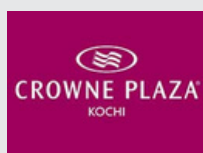
5.1 Funders

BLOSSOM

5.2 Collaborations



5.3 In-kind Contribution



6. PUBLIC MEDIA



Figure 40: Malayala Manorama News 10 May 2025

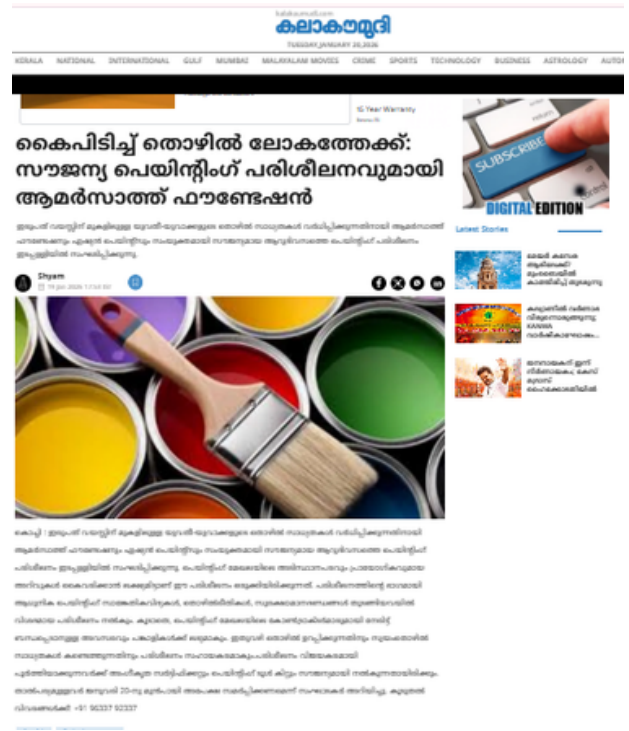


Figure 41: Kala Koumandhy News 20 Jan 2026

8. CONCLUSION

During the reporting period, the organization continued its commitment to supporting marginalized communities through healthcare, education, skill development, and sustainability initiatives. A total of **6 medical camps** were conducted, **benefiting 552** individuals through medical consultation, health awareness, and free medicine distribution. Educational support initiatives reached **305 children**, while the Amar Yuva skill development programme provided training opportunities to **130 youths** to enhance their livelihood prospects. Through the EcoSparsh cloth collection and redistribution initiative, items like cloths and other household were collected and distributed, supporting **7256 individuals** in vulnerable communities including migrants and tribal populations. These initiatives were made possible through the dedicated efforts of volunteers, community partners, and CSR collaborations. The organization remains committed to expanding its outreach and continuing impactful interventions for underserved communities in the coming years.



OUR INTERNS



Priyadarshini College, Malapuram (BSW)



Bharata Mata School of Legal Studies, Aluva (LLB)



SCMS School of Business, Cochin (PGDM)

OUR VOLUNTEERS



AMAR SAATH IMPACT IN 2025-2026

TOTAL
BENEFICIARIES

8243

MEN

2541

WOMEN

2978

CHILDREN

2724

VOLUNTEERS

156

INTERNS

27

How to Partner with Us ?

① Material / Manpower Support

- Organize a Cloth Collection Drive
- Keep an Amar Saath Collection Bin
- Share Your Unsold Stock Clothes
- Volunteer with Us

② Financial Support

- Monthly contributions
- CSR support

LEGAL CREDENTIALS

- Trust Deed
- CSR Form 1 Registration
- Darpan Registration
- Order under Section 12 A
- Order under Section 80G

Together & Forever



Scan to support
our cause



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