

Annual Report

2024-2025



AMAR SAATH FOUNDATION

Standing with Marginalized and Migrant Communities

Together & Forever



ANNUAL REPORT

2024-2025

AMAR SAATH FOUNDATION

Reg No: 382/IV/2023

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1. ORGANIZATION DETAILS

1.1 Organisation Profile

Name:	Amar Saath Foundation
Registration Number:	382/IV/2023
Type:	Non-Governmental Organization (NGO)
Contact Details of Organization:	Amar Saath Foundation, AKG Road (Near Shopper's Shop) Edapally North P.O Kochi, Kerala – 682024
Phone:	+91 9633792337
Email:	amarsaathngo@gmail.com
Date and Year of Registration:	10-10-2023
Darpan ID:	KL/2023/0371139
Legal Status:	Registered Charitable Trust





1.2 Who We Are & How We Operate

Amar Saath Foundation is a registered charitable trust (Reg. No: 382/IV/2023), founded by a group of healthcare professionals, retired professionals, social workers, and homemakers, committed to empower migrant and marginalized communities across India.

Rooted in Kochi, Kerala, we extend our impact through community-driven programs focused on education support, livelihood enhancement, healthcare access, and environmental sustainability. We work in close partnership with local stakeholders, and NGOs to identify community needs and deliver practical need-based interventions. We emphasize collaboration, accountability, and measurable outcomes to ensure our interventions bring sustainable, meaningful change.

1.3 VISION

To create an inclusive society where migrant and marginalized communities live with dignity, security, and equal opportunities, regardless of religion, language, or gender

MISSION

We are committed to serving underserved communities by enabling access to food, clothing, education, healthcare, and sustainable livelihood opportunities. The Foundation actively promotes responsible reduction, reuse, and environmentally sustainable practices to advance both social well-being and environmental stewardship

1.4 Main Objectives of the Organisation

- Promote Health and Well-being: Enhance preventive healthcare, hygiene awareness, substance abuse awareness, and access to medical services for migrant communities.
- Support Children's Development: Provide education, emotional care, and safe environments for vulnerable children.
- Empower Youth and Women: Offer vocational training, skill development, and livelihood opportunities for socioeconomically disadvantaged youth and women.
- Promote Environmental Sustainability: Encourage reuse and upcycling, raise environmental awareness, and reduce waste.

1.5 Compliance Registration with Govt. Agencies

- Registered Charitable Trust under The Indian Trusts Act, 1882 (Registration No. 382/IV/2023)
- Order under Section 12AA of the Income Tax Act, 1961.
- Order Under Section 80G (5)(vi) of the Income Tax Act. 1961.
- CSR Form 1 Registration (No:CSR00066055 - Registration for undertaking CSR activities)
- Darpan Portal Registration (ID No. KL/2023/0371139)



1.6 Board of Trustees



Dr. Sudhakar Muthyala, Former Scientist (Founder & President)

Dr. Sudhakar Muthyala, trained as a scientist and teacher, is currently serving as a philanthropist. He was raised in a farming family in Andhra Pradesh, India. Through his hard work and the support of well-wishers, he completed a Ph.D. in biomedical science and later served as research faculty at the Georgia Institute of Technology, USA. During his journey from village to city, he witnessed life from different angles, experiencing both the struggles of village life and the comfort of city life. Moved by these experiences, he began working among migrants and marginalized people, and in 2016, he left his academic career to dedicate himself fully to social work



Dr. Manitha B Nair, Scientist (Founder & Treasurer)

Dr. Manitha Nair is a scientist in regenerative medicine with over a decade of experience, having worked in both the USA and India. She believes that the purpose of her life is to serve others, and is actively engaged in addressing issues related to vulnerable children. She plays a significant role in nurturing new ideas and operationalizing Amar Saath. Dr. Nair is also the co-founder of Butterfly Cancer Care Foundation, an organization that stands for cancer affected children. She is the recipient of prestigious awards, including the Innovative Young Biotechnology Award and the Young Scientist Award.



Dan Paul Thomas, Entrepreneur (Board Member & Secretary)

Mr. Dan Paul Thomas is an entrepreneur who has dedicated his life to empowering young people and families from vulnerable backgrounds. As Director of Blossom Inners, he spearheads a transformative mission that impacts over 800 individuals and families.



Dr. Steive George, Sr. Consultant (Board Member)

Dr. Steive George, after completing his MBBS in Kerala, pursued a Diploma in Family Medicine and an MS in ENT from Christian Medical College, India. He also completed a palliative care course from Cardiff University, Wales. He has worked in mission hospitals in different parts of India for 10 years and can truly feel the pulse of the poor and marginalized in society. He is currently working as a family physician in Kochi.



Dr. Nisha Thomji, Professor (Board Member)

Dr. Nisha Thomji, Head of the Department of English at St. Albert's College (Autonomous), Ernakulam, has over 23 years of teaching experience. She inspires students to think critically and creatively, while also actively engaging with marginalized communities. She blends academic excellence with compassion and leadership, shaping minds both inside and beyond the classroom



Nalini Gopalakrishnan, Retd. Officer (Member)

Mrs. Nalini, a retired officer, is interested in promoting education among underprivileged children. She has volunteered with many organizations that work among children in slums and tribal areas. At Amar Saath, she is active in the Amar Jyothi program



Sneha Susan Verghese, Home Maker (Member)

Sneha Varghese is a qualified dietician, but her passion lies in community service. She actively engages with youth and brings comfort to the elderly through her choir music. At Amar Saath, she supports cloth collection initiatives under the Amar Daan programme.

2. CORE INITIATIVES

2.1 Amar Ayush (Health Care)

Many interstate migrant workers experience health challenges such as dermatological infections, musculoskeletal disorders, depression, and occupational injuries due to long working hours, low wages, and insecure working conditions. Although Kerala has well-developed healthcare facilities, migrants often face barriers including language gaps, time constraints, financial limitations, and limited awareness of available services.

Amar Ayush aims to promote preventive health, hygiene practices, and substance abuse awareness among migrant communities, in alignment with UN SDG 3 (Good Health and Well-being).

Our Strategies

2.1.1 Medical Camps

Amar Saath Foundation regularly conducts medical camps targeting migrant and marginalized communities to bridge gaps in primary healthcare access. Beneficiaries receive health check-ups, general consultations, basic diagnostic support, referrals for specialized care when required, and distribution of essential medicines. These camps ensure timely and community-centered healthcare delivery in underserved areas.

2.1.2 Awareness Sessions and Counselling

Each medical camp includes structured awareness sessions and individual counselling. Key focus areas include anti-drug and substance abuse awareness, menstrual hygiene education, and general health and hygiene practices. These interventions aim to improve health literacy, encourage early help-seeking behavior, and promote safer community practices.

2.1.3 Medical Equipment and Medicine Distribution

Based on assessed need, the Foundation distributes essential medical equipment and supplies such as first-aid materials, wheelchairs, hygiene kits, and basic medicines to vulnerable individuals, including residents of old age homes. This support improves access to essential care and reduces health risks among underserved populations.



AMAR AYUSH
Health Care
(SD Goal 3)

2.2 Amar Jyothi (Child Care & Education)

UNESCO's Global Education Monitoring Report highlights that, children from slum, tribal, child-care centres, and migrant communities are highly vulnerable to educational exclusion due to poverty, poor learning environments, and lack of remedial support. Many also lack stable, nurturing environments that support their emotional and developmental needs, emphasizing the urgent need for holistic interventions.

Amar Jyothi addresses these challenges by promoting the overall development of children from vulnerable background, supporting their learning, emotional well-being, and safe family environments. This initiative aligns with UN SDG 4: Quality Education and SDG 3: Good Health and Well-Being.



AMAR JYOTHI
Child Care & Education
(SD Goal 4)

2.2.1 Bridge Classes

The Bridge Class programme supports migrant and marginalized children who experience learning gaps due to language barriers, irregular schooling, or frequent migration. The initiative strengthens foundational skills in English, Malayalam, Hindi, and Mathematics through activity-based learning, continuous assessment, and individual attention. It enables children to integrate into mainstream schooling while improving academic performance, communication, discipline, and confidence.

2.2.2 Extracurricular Activities

The Foundation promotes extracurricular activities to support the holistic development of children, which cultural celebrations as well as thematic observances like Poster Day, Environmental Day etc. Through participation in these programmes, children develop confidence, teamwork, communication skills, and cultural and environmental awareness. These activities play an important role in nurturing talents and strengthening the overall personality and learning experience of each child.

2.2.3 Back-to-School Programme

This initiative facilitates the reintegration of migrant and marginalized children into formal education after periods of dropout, irregular attendance, or learning gaps. Support includes school readiness activities, orientation, learning materials, counselling, and parent awareness. The programme reduces dropouts, improves attendance, and motivates children to continue their education with confidence.

2.2.4 Financial Support

The Foundation provides need-based financial assistance to children from vulnerable families. Support covers school fees, uniforms, study materials, transportation, and other academic requirements. This intervention prevents educational discontinuity and strengthens children's long-term learning outcomes.

2.2.5 Educational Provisional Support

To ensure equal access to schooling, the Foundation distributes essential educational materials, including uniforms, textbooks, notebooks, school bags, and stationery, sourced from donors and partner institutions. This support enhances school readiness, reduces absenteeism, and enables children to attend school with dignity.

2.2.6 Foster Care Awareness

The Government of India's Foster Care Programme aims to provide children in institutional care with safe and family environment that ensures emotional care, stability, and a sense of belonging. Amar Saath Foundation supports this national initiative by conducting awareness programmes on both general and vacation foster care schemes.



2.3 Amar Yuva (Skill Development Programme)

Most young people from migrant and socio-economically disadvantaged families lack specialized skills due to limited education and minimal access to formal training. As a result, many remain trapped in low-paid, insecure jobs with little opportunity to progress.

Amar Yuva aims to equip youth from migrant and socioeconomically disadvantaged families with vocational training, skill development, and entrepreneurial support, equipping them with practical competencies and dignified, sustainable livelihoods. This initiative aligns with UN SDG 4 (Quality Education) and SDG 8 (Decent Work and Economic Growth).



AMAR YUVA
Youth Skill
Development
(SD Goal 8)

2.3.1 Vocational Training

The Vocational Training aims to empower youth and women from migrant and marginalized communities by providing practical, income-generating skills, which includes snack making, electrical work, plumbing, painting, mushroom cultivation etc. The programme enhances employability, and supports participants in sustainable income opportunities.

2.3.2 Job Support

The Foundation facilitates job support to help migrant community members access appropriate employment opportunities. The support includes job search, employer linkages, and assistance in identifying suitable openings aligned with individual skills and interests.

2.3.3 Entrepreneur Support

The Foundation provides entrepreneur support to individuals, particularly women, youth, and members of migrant and marginalized communities, who seek to initiate or strengthen small livelihood enterprises. Through guidance and financial support, the programme promotes small-scale entrepreneurship, enabling beneficiaries to achieve economic independence.

2.4 EcoSparsh (Women Empowerment & Green Initiatives)

India produces an estimated 7.8 million tonnes of textile waste annually, making it one of the world's largest contributors. A significant portion ends up in landfills, highlighting the need for sustainable solutions.

EcoSparsh tackles this challenge by promoting the reuse and upcycling of materials, primarily textiles, while also raising awareness among students about sustainable practices. Women from coastal communities are trained and employed for upcycling process, creating livelihoods and reducing environmental waste. This initiative aligns with UN SDG 12: Responsible Consumption and Production and SDG 13: Climate Action.



ECO SPARSH

Women Empowerment
& Green Initiatives
(SD Goal 12)

2.4.1 Amar Daan (Cloth Donation)

Amar Daan is the Foundation's flagship material support initiative aimed at reducing clothing insecurity among vulnerable populations. The programme systematically collects gently used clothing and household items from residential communities, educational institutions, and other donors. All received materials undergo careful segregation, quality assessment, and hygienic packing to ensure dignity and usability for beneficiaries. The sorted items are distributed to low-income families, migrant communities, tribal villages, orphanages, and old-age homes across India. Through this initiative, Amar Saath Foundation reduces clothing deprivation and promotes a culture of responsible giving and reuse.

2.4.2 Thrifting Initiatives

Thrifting Initiatives is the Foundation's social enterprise platform that curates and sells premium donated items in good usable condition. Proceeds generated through sales are reinvested into Amar Saath Foundation's social programmes. The store also serves as a community awareness platform promoting responsible consumption, reuse, and circular economy practices. By extending the lifecycle of usable goods, the initiative simultaneously supports environmental sustainability and programme self-reliance.

3. ACTIVITY REPORT (2024-2025)

3.1 AMAR AYUSH (Health Care)



In 2024–2025, we provided medical care and awareness support to 552 individuals, including 490 men, 49 women, and 13 children. Migrant workers from 11 states participated in the program, with the highest representation from West Bengal. A total of six medical camps, accompanied by awareness sessions, were organized across different parts of Ernakulam by a dedicated team of doctors, supported by Amar Saath volunteers. Additionally, two awareness camps were conducted in collaboration with the Excise Department, Ernakulam to address key health concerns among migrant communities.





3.1.1 Total Beneficiaries (Amar Ayush)

- State Wise:

Sl. No.	State	Number of Migrants
1	West Bengal	262
2	Orissa	184
3	Bihar	31
4	Kerala	29
5	Assam	17
6	Uttar Pradesh	13
7	Tamil Nadu	9
8	Jharkhand	4
9	Rajasthan	1
10	Telangana	1
	Total	552

Table I: Total outreach of Amar Ayush (State wise representation)

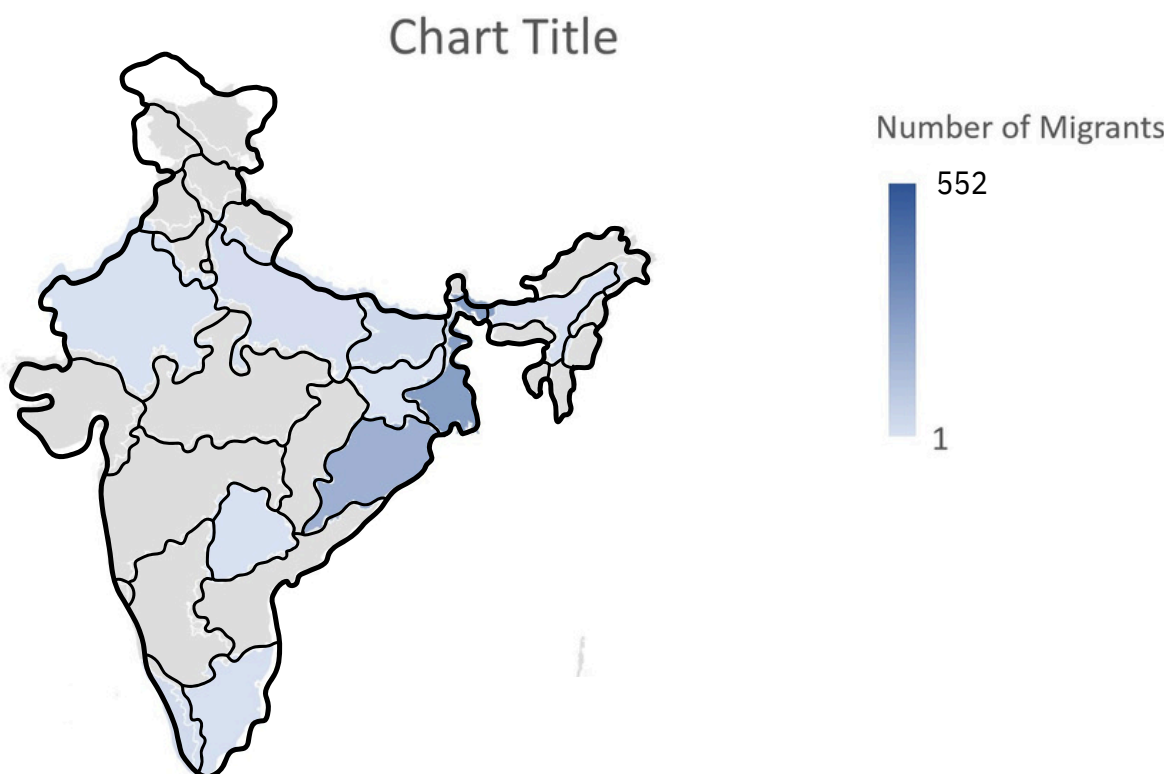


Figure I: Graph representing total outreach of Amar Ayush (State wise representation)



- Area Wise:

<i>Medical Camps and Awareness Camps</i>		
Sl. No.	Areas in Ernakulam district	Number of migrant workers
1	Edachira	102
2	Vattekunnam	37
3	Chelad	61
4	South Kalamassery	42
5	Pallissery	60
6	Pallimukku	62
<i>Awareness Camp in Association with Excise Department</i>		
1	Chelad	71
2	Ramamangalam	113
<i>Other Medical Support</i>		
1	Personal Support	4
Total		552

Table 2: Total outreach of Amar Ayush (Ernakulam area wise representation)

- Gender Wise

Sl. No.	Gender	Migrant workers
1.	Male	490
2.	Female	49
3.	Children	13

Table 3: Total outreach of Amar Ayush (Gender representation)



3.1.2 Medical Camp Details

3.1.2.1 Edachira Medical Camp

Date: 21 April 2024
Location: Ayankali Samskarika Kendram, Edachira
Total Beneficiaries: 102 (Male: 72 | Female: 27 | Children: 3)

On April 21, 2024, a medical camp was conducted at Edachira, Kakkannad, to support the migrant population in the area. The camp saw a turnout of 102 participants, including 72 men, 27 women, and 3 children. The majority of attendees were from West Bengal. Key activities at the camp included free medical consultations, medicine distribution, and educational sessions on health and hygiene practices. Additionally, awareness sessions on the dangers of drug and tobacco use were delivered in Hindi to ensure effective communication with participants.



Figure 2: Medical Camp at Edachira Region (102 migrants were benefitted)





3.1.2.2 Vattekkunnam Medical Camp

Date: 23 June 2024

Location: Vattekkunnam NSS Karayogam, Vattekkunnam

Total Beneficiaries: 37 (Male: 27 | Female: 5 | Children: 5)

On June 23, 2024, the Vattekkunnam medical camp was held to assist migrant workers, mainly rag pickers. The camp served 27 men, 5 women, and 5 children. Dr. Steive and Dr. Divya led medical consultations, while Dr. Simeon conducted dental check-ups, distributing free tooth paste and brushes. Awareness sessions addressed the risks of tobacco use and promoted better oral hygiene practices. The maximum participants were from West Bengal.



Figure 3: Medical Camp at Edachira Region (37 migrants were benefitted)





3.1.2.3 Chelad Medical Camp

Date: 14 July 2024

Location: YMCA Hall, Chelad

Total Beneficiaries: 61 (Male: 61)

The Chelad Medical Camp, held on July 14, 2024, in the Kothamangalam area, aimed to provide medical assistance to migrant workers. The camp was staffed by three doctors and one dentist, who conducted consultations, supported by volunteers handling logistics and guiding participants. Alongside medical services, the camp included awareness sessions on alcohol and drug addiction. A total of 61 migrant workers benefited from the program, with maximum participation from West Bengal.



Figure 4: Medical Camp at Chelad Region (61 migrants were benefitted)





3.1.2.4 South Kalamaserry Medical Camp

Date: 11 July 2024

Location: Cochin Lorry Agents Association Hall, South Kalamassery

Total Beneficiaries: 42 (Male: 33 | Female: 9)

On August 11, 2024, a medical camp was organized at the Cochin Lorry Agents Association in South Kalamassery. The camp was led by three doctors and 19 volunteers, along with an awareness session on alcohol and drug addiction. The program benefited a total of 42 migrant workers. The maximum participation was from Tamil Nadu.



Figure 5: Medical Camp at South Kalamassery (42 migrants were benefitted)





3.1.2.5 Pallissery Medical Camp

Date: 23 June 2024

Location: SNDP Hall, Palissery

Total Beneficiaries: 60 (Male: 48 | Female: 8 | Children: 4)

The Pallissery Medical camp was conducted to provide medical assistance to migrant workers in the Angamaly area. A total of 60 migrant workers participated in the program and the maximum attendance was from Orissa.



Figure 6: Medical Camp at Pallissery (60 migrants were benefitted)





3.1.2.6 Pallimukku Medical Camp

Date: 11 March 2025

Location: Noel Sentrum Apartment Site, Pallimukku

Total Beneficiaries: 62 (Male: 62)

The Pallimukku Medical camp was held on 11th March 2025 in association with the Centre for Migration and Inclusive Development (CMID), to provide medical assistance to migrant construction workers working at Noel Sentrum apartment Kochi. A total of 62 migrant workers participated in the program. The maximum attendance was from West Bengal.



Figure 7: Medical Camp at Pallimukku (62 migrants were benefitted)





3.1.3 Substance Use Awareness in Association with Vimukthi

In addition to the awareness sessions conducted during each medical camp, a dedicated substance use awareness program was organized in collaboration with the Excise Department, Ernakulam. These sessions took place in Chelad and Ramamangalam, aiming to educate migrant workers..

3.1.3.1 Awareness Session at Chelad

Date: 03 October 2024

Location: Chelad

Total Beneficiaries: 71 (Male: 71)

On October 3, 2024, the event was jointly organized by the Excise Department and Pindimana Grama Panchayat at Chelad, offering valuable insights into the dangers of alcohol and drug use. The program engaged 71 migrant labourers in meaningful discussions, and several participants received follow-up counseling to support their recovery from alcohol dependency.



Figure 8: Awareness Camp at Chelad (71 migrants were benefitted)





3.1.3.1 Awareness Session at Ramamangalam

Date: 03 November 2024

Location: Govt. LP School, Ramamangalam

Total Beneficiaries: 113 (Male: 113)

On November 3, 2024, the Amar Saath Foundation, in collaboration with the Excise Department and Ramamangalam Grama Panchayat, hosted an awareness program at Ramamangalam LP School. The event reached 113 migrant laborers, fostering discussions on substance use and addiction. The initiative was successfully executed by Asha workers alongside the Amar Saath team. Notably, around 20 migrant workers took steps toward breaking free from addiction, demonstrating the program's impact. Interestingly, a significant number of participants hailed from the Ganjam district of Odisha.



Figure 9: Awareness Camp at Ramamanglam (113 migrants were benefitted)



Figure 10: Counselling support to migrant workers





3.1.4 Personal Support

3.1.4.1 Jaidul's Story

Jaidul, a migrant worker from Delhi residing in Vennala, Kochi, faced many challenges following his diagnosis of tongue cancer. The burden of his illness fell heavily on his wife, Parveen, who had to care for him and their grandchildren, while struggling to manage escalating medical expenses. In their time of greatest need, the Amar Saath Foundation stepped in, offering financial assistance for Jaidul's treatment. Figure shows Amar Saath staff with Jaidul family.



Figure 11: Jaidul and Family

3.1.4.2 Barsa Kumari's Story

Barsa, a young girl from a struggling family in Kalamassery, fell and fractured her left hand. Unable to afford treatment, her family sought help from Amar Saath Foundation. The team quickly arranged medical care at Kalamassery Medical College, and with their support, Barsa made a full recovery. The family expressed heartfelt gratitude for the foundation's timely assistance.



Figure 12: Barsa Kumaris





3.1.4.3 Rathan Sarkar's Story

Rathan Sarkar, a 36-year-old mason from West Bengal, suffered a severe fall from a 15-foot height while working at a construction site in Kothamangalam, resulting in multiple fractures in both legs. Amar Saath, with the support of its partners, provided him with a wheelchair and covered his travel expenses to return home.



Figure 13: Rathan Sarkar receiving wheelchair from Amar Saath Foundation

3.1.4.4 Rantajana Mahanandia's Story



Figure 14: Rantajana Mahandia

Rantajana Mahanandia, a 33-year-old man from Odisha, had been working as a helper at a hotel and a petrol pump. However, for the past three years, he has been suffering from arthritis, making it difficult for him to continue working. Amar Saath Foundation stepped in to support him by arranging medical care at Amrita Hospital, Edappally. With proper treatment, Rantajana's condition is improving, and he remains hopeful of recovering fully and returning to a normal life.





3.2 AMAR JYOTHI

Child Care & Education

In 2024–2025, we provided educational support to 68 children (33 boys and 35 girls) from migrant and marginalized communities, and extended foster care support to 8 children. Of the 68 children, 6 participated in the Back-to-School program, 3 children were given personal support, while 51 attended the Bridge Classes, with the majority of participants hailing from Assam. Extracurricular support was also provided to these 68 children, including activities in sports, arts, and other enrichment programs.

3.2.1 Total Outreach:

- State Wise:

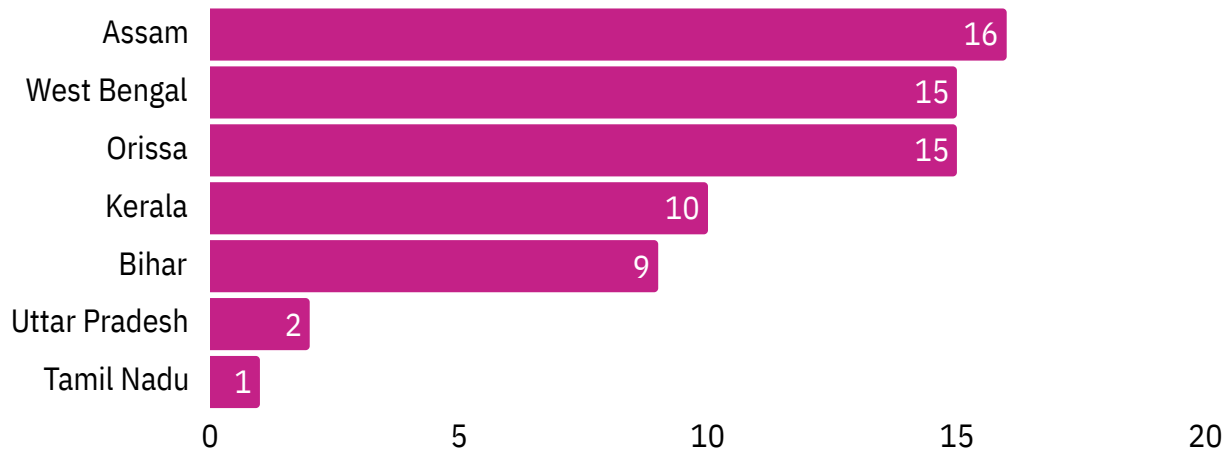


Table 4: Total outreach of Amar Jyothi (State wise representation)

- Gender Wise:

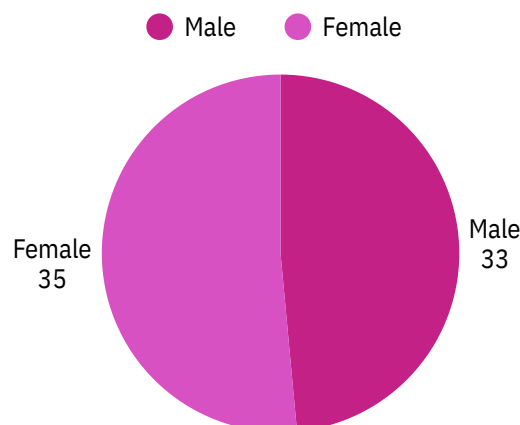


Table 5: Total outreach of Amar Jyothi (Gender representation)





3.2.2 Back to School Programme:

This initiative aims to reintegrate out-of-school children into the formal education system. By identifying children who have dropped out or never attended school, we provide comprehensive support to help them resume their educational journey. The programme includes assistance with enrolment, necessary documentation, and essential resources such as school bags, uniforms, and stationery. Additionally, we conduct awareness campaigns to inspire and motivate families to prioritize their children's education, emphasizing its vital role in shaping a brighter future.

3.2.2.1 Zauri Devi Family from Bihar

Back-to-School support was provided to Zauri Devi's four children from Bihar. They received assistance in the form of uniforms, books, and umbrellas, and were enrolled in the Government Vocational Higher Secondary Education School in Kalamaserry. Additionally, they underwent counselling sessions focused on school attendance, personal grooming, and hygiene.



Figure 15: Back to School support to four children of Zauri Devi





3.2.2.2 Kohinoor Family from West Bangal

The Amar Saath team visited Kohinoor's family in Vattekunnam on 2nd July 2024 and provided counselling to encourage them to send their children to school. As a result, their two children were enrolled in Kunnumpuram Government LP School. The school warmly welcomed the children, and the teachers expressed their willingness to provide full support to the family.



Figure 16: Back to School support to two children of Kohinoor Family

3.2.3 Bridge Class:

To ensure academic continuity and success, we offer personalized tuition support to children facing challenges in mainstream education. These challenges may arise from language barriers, primarily with English and Malayalam, a lack of foundational knowledge, or limited access to resources. The bridge classes are designed to help children build confidence, enhance academic performance, and remain motivated to pursue their studies.



Figure 17: Bridge Classes by Amar Saath





3.2.3.1 Bridge Class (Kodanad, Ernakulam)

In collaboration with ESAF Bank, tuition classes were launched for 22 children at Mar Augen School, Kodanad, in July 2024. A dedicated teacher was appointed to lead these sessions, offering focused instruction in languages (English, Malayalam, and Hindi) as well as mathematics. The classes were conducted daily, with children grouped by age to ensure personalized and effective learning.



Figure 18: Bridge Class at Kodanad (22 children are benefitted from this)

3.2.3.2 Bridge Class (South Kalamassery, Ernakulam)



In November 2024, the Amar Saath team established a tuition centre in the South Kalamassery region, benefiting 11 children. Two levels of classes were introduced: one group served lower primary students, while the other focused on upper primary and high school students.



Figure 19: Bridge Class at Kalamassery (11 children are benefitted from this)





3.2.3.3 Bridge Class (Orissa)

The Amar Saath team has initiated a tuition center in Odisha to support eight orphaned children, providing both educational and financial assistance. The center is led by Sudham Digal, a dedicated social worker, who serves as the teacher. The program offers academic support, covering all subjects in addition to language development, ensuring holistic educational growth for the children.



Figure 20: Bridge Class at Odisha (8 children are benefited from this)

3.2.3.4 Bridge Class (West Bengal)

In October 2023, we launched an educational support program in Kolkata, West Bengal, benefiting 10 children from grades 1 to 10. These children received essential resources such as clothing, and books to ensure their access to quality education. This holistic support not only enriches their learning experience, but also provides a pathway to break free from the cycle of poverty.



Figure 21: Bridge Class at West Bengal (10 children are benefited from this)





3.2.4 Extra Curricular Activities

Acknowledging the vital role of arts, physical activity, and teamwork in the holistic development of children, we ensure access to sports facilities and art programs. These opportunities encourage children to participate in physical activities, nurture their talents, and cultivate essential qualities such as discipline, creativity, and teamwork. By fostering a supportive environment, we aim to inspire collaboration and build a strong foundation for their overall growth and success.

3.2.4.1 Sports Kit distribution

In April-May vacation period, we have donated board games and sports kits to 15 girls in Odisha, which fostered physical fitness, confidence, team-building and discipline among children.



Figure 22: Sports events held in Odisha





3.2.4.2 World Post Day Celebration

World Postal Day was celebrated with 22 children in the Kodanad area of Ernakulam. The program aimed to acquaint the students with the workings of the postal system while enhancing their writing skills. As part of the event, the children engaged in a letter-writing activity, sharing their thoughts and emotions through heartfelt letters addressed to their favourite people.

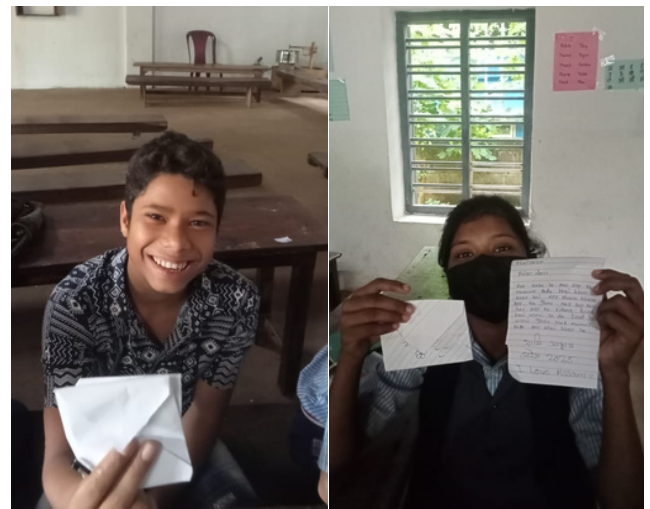


Figure 23: World Postal Day celebration among migrant kids in Kodanad area

3.2.4.3 APJ Abdul Kalam Club Formation

On October 15, celebrated as World Students' Day and the birthday of former President of India Dr. A.P. J Abdul Kalam, a Children's Club was established for migrant students attending tuition classes. Leadership roles such as President, Vice President, Secretary, and Joint Secretary were assigned to the students, with plans to rotate these positions every two weeks. The club is designed to nurture leadership qualities and promote the development of extracurricular skills, fostering the holistic growth of migrant students.

3.2.4.4 Children's Day Celebration

Children's Day was celebrated in Kodanad with migrant children, creating a joyful and unforgettable experience. The event showcased cultural performances and activities that highlighted the children's unique talents. The celebration was designed to make the children feel appreciated and inspire them to aspire toward a brighter future.



Figure 24: Children's Day Celebration among migrant kids in Kodanad area





3.2.4.5 Creative Drama Workshop

On December 5th, a Creative Drama Workshop for the Amar Jyothi students was conducted in Kodanad by the intern students at Amar Saath Foundation. The workshop was highly interactive and activity-driven, designed to foster confidence and creativity among migrant students. It also played a crucial role in enhancing their communication skills.



Figure 25: Creative drama workshop among migrant kids in Kodanad area

3.2.4.6 Christmas Day Celebration

The Amar Saath Foundation, in collaboration with Mar Augen High School, Kodanad, organized Christmas program for 22 students and their parents on December 19, 2024. The event gave a platform to showcase their talents and foster socialization, including dances, songs, and speeches. Amar Saath volunteers added to the festive spirit with engaging performances such as mime and skits.



Figure 26: Christmas day celebration for migrant kids of Amar Jyothi in Kodanad





3.2.5 Foster Care Awareness Program

Amar Saath Foundation organized an awareness program to promote Foster Care in Kerala, aiming to provide love and warmth to children in institutional care. The foster care aims to provide children with a home-like environment either for short-term (April & May vacation) or long-term care. The session was led by Mrs. Sini and Mrs. Stacy, Child Protection Officers from DCPU, Kakkanad, who highlighted the importance of giving these children a nurturing family environment. 21 members participated in the programme and around 9 families decided to foster a child during the vacation period.



Figure 27: Foster Care Awareness Programme at DCPU Kakkanad (21 members were benefitted)





3.3 AMAR YUVA (Youth Skill Development)

In 2024–2025, our skill-development initiatives created meaningful opportunities for 42 young individuals, including 28 males and 14 females, with the highest participation coming from Maharashtra. The programme was designed to equip youth with practical, job-ready skills that could immediately enhance their livelihoods. As part of this effort, 22 participants received hands-on Electrical and Plumbing Training, enabling them to take up technical roles in their communities and local industries. Additionally, 19 youths were trained in Mushroom Cultivation, a growing micro-enterprise opportunity that supports sustainable income generation. Beyond training, the programme also provided personalised job support to individuals, guiding them through career choices, placement assistance, and skill matching based on their interests and strengths. Through these interventions, the initiative not only enhanced employability but also fostered confidence, self-reliance, and long-term growth among migrant and local youth, contributing to stronger, more resilient communities.



3.3.1 Total Outreach

- State Wise

SLNO	State	Number of Migrant Youths
1	Maharashtra	8
2	Jharkhand	7
3	Kerala	7
4	Odissa	4
5	Chhattisgarh	3
6	Rajasthan	2
7	Assam	2
8	Delhi	2
9	West Bengal	2
10	Andra Pradesh	1
11	Madhya Pradesh	1
12	Bihar	1
13	Haryana	1
14	Panjab	1
	Total	42

Table 6: Total outreach of Amar Yuva (State wise representation)

- Gender Wise

SLNO	Gender	Migrant Youths
1.	Male	28
2.	Female	14

Table 7: Total outreach of Amar Yuva (Gender representation)



3.3.2 Skill Training

3.3.2.1 Electrical and Plumbing Training

An electrical and plumbing training program was conducted for 22 people at the Doulos campus in Aluva from June 18th to 25th 2024. The curriculum was designed to have a balance between theoretical knowledge along with hands-on learning.



Figure 28: Electrical and plumbing training (22 youth benefited from this)

3.3.2.2 Mushroom Culture Training

The Amar Saath Foundation, in collaboration with the Rajagiri Bioscience Department, Ernakulam, organized a skill development training program in mushroom farming—an eco-friendly and profitable venture that requires minimal investment while offering substantial returns. Under the expert guidance of Mrs. Jincy and Mr. Krishnakumar, 19 migrant brothers and sisters gained invaluable insights into mushroom cultivation at Dulos College, Aluva, equipping them with practical skills to explore sustainable livelihood opportunities.



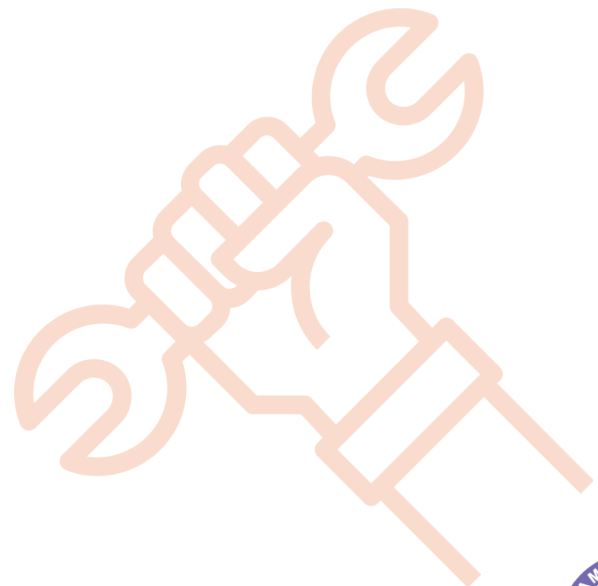
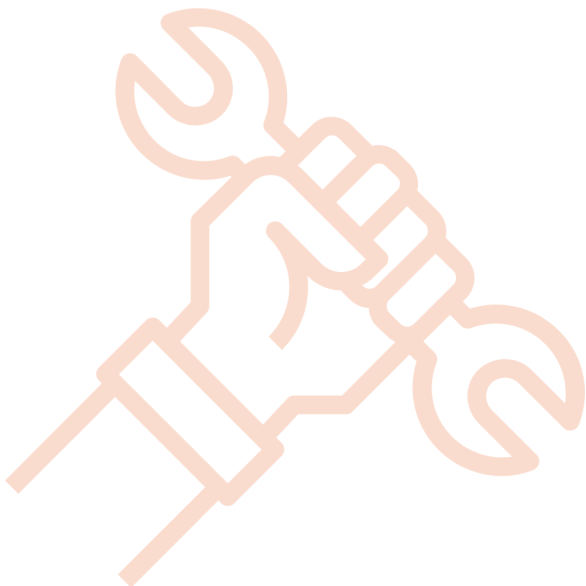
Figure 29: Mushroom Cultivation Training (19 youth benefited from this)

3.3.4 Job Support

Zauri Devi, a migrant from Bihar, a mother of three children, faced challenges due to the lack of a stable income source and the difficulty of finding employment in Kerala. Under the Amar Yuva program, Amar Saath stepped in, enabling Zauri Devi to secure a position in the housekeeping team at Carborundum Universal Limited.



Figure 30: Zauri Devi Joined at Carborundum Universal Limited, Kochi





3.4 ECOSPARSH (Women Empowerment & Green Initiatives)

In 2024–2025, EcoSparsh benefited 8,076 individuals, including 2,635 men, 2,677 women, and 2,764 children from marginalized communities. A total of 11,242 items were distributed across the country, while 940 items were recycled and the remaining were sent for upcycling. Donations were provided directly to individuals as well as through various partner NGOs across India. The beneficiaries included people from tribal villages (particularly SC/ST communities), orphanages, slums, shelter homes, day-care centers, individuals with visual impairments, and street-connected children. The highest volume of support was extended to the state of Odisha.



Cloth Collection Center at Edapally, Kochi





3.4.1 Total Outreach:

- State Wise

Sl. No	Gender	Number of Beneficiaries
1.	Odisha	1835
2.	Maharashtra	1725
3.	Tamil Nadu	1082
4.	Uttar Pradesh	775
5.	Telangana	710
6.	Kerala	652
7.	Andra Pradesh	648
8.	Jharkand	648
9.	West Bangal	1
Total		8076

Table 8: Total outreach of Amar Daan (State wise representation)

- Gender Wise

Sl. No	Gender	Number of Beneficiaries
1.	Male	2635
2.	Female	2677
3.	Children	2764

Table 9: Total outreach of Amar Daan (Gender wise representation)





Figure 31: Representative pictures of donations received at Amar Daan-Thrift Store



Figure 32: Representative pictures of individuals receiving items



Figure 33: Representative picture of items being distributed among slums, blind and tribal communities





3.4.2 Awareness Programmes

3.4.2.1 Plastic Trash to Treasure

On November 23, 2024, Amar Saath Foundation and Carbon and Whales collaborated to conduct a practical session titled "Plastic Trash to Treasure" for the cGSP Eco Warriors of Rajagiri Higher Secondary School. The session was held at the Central Institute of Petrochemicals Engineering and Technology (CIPET) and aimed to educate and inspire students to address the pressing issue of plastic pollution by transforming waste into valuable products. Aligned with Sustainable Development Goal (SDG) 12. A total of 55 GSP Eco Warriors and their teachers participated in the session. The students actively engaged in the program, gaining hands-on experience in understanding how plastic waste can be effectively upcycled into useful products.



Figure 34: Awareness Program and Workshop at CIPET in association with Carbon and Whales

3.4.2.2 Life Under the Water



Figure 35: Life Under Water - Aqua Ranching Program

On 24th January 2025, Amar Saath Foundation, in collaboration with Kerala University of Fisheries and Ocean Studies, conducted an impactful AQUA RANCHING PROGRAM at the Periyar River for students at Rajagiri Higher Secondary School. The initiative focused on raising awareness about SDG Goal 14: "Life Below Water", emphasizing the conservation of indigenous endangered fish species. 52 dedicated GSP Eco Warriors of Rajagiri Higher Secondary School actively participated in releasing native fish species into the river, taking a meaningful step toward restoring and preserving aquatic biodiversity. Through this initiative, we aim to inspire young minds to protect our water bodies and ensure a sustainable future for marine life.





3.4.2.3 Menstrual Hygiene Awareness and Eco-Naari Sanitary Pad Distribution

On Women's Day, the Amar Saath Foundation launched the 'ECO-NAARI Sanitary Pads' initiative in response to the alarming rise in menstrual waste, which amounts to approximately 9,000 tonnes per month in India. ECO-NAARI Pads are designed with a cotton layer and are free from plastic, offering an eco-friendly and sustainable alternative to conventional sanitary products. The first phase of the project was implemented in Odisha, in collaboration with the Nuajeevan Foundation.

In Malkangiri, many tribal women still rely on unhygienic menstrual practices, which pose serious health risks. To address this issue, Amar Saath and Nuajeevan Foundation jointly organized menstrual hygiene awareness sessions and distributed hygiene kits—each containing six sanitary pads and two undergarments—to 50 women.



Figure 36: Eco-Naari Sanitary Pad Distribution and Awareness Class at Malkangiri district, Odisha.



4. COLLABORATIVE ACTIVITIES

4.1 Goonj

Clothes with minor damage are packed separately and donated to the Goonj organization in Kochi for upcycling. In the year 2024–2025, a total of 940 items were contributed from the Thrift Store for this initiative.



Figure 37: Goonj visit by Amar Saath Team

4.2 Activities at THANALIDOM Thrift Store

The Amar Saath Foundation signed an MoU with UC College's Thanalidam—a thrift store initiative by the college—to promote the concept of re-use and clothing thrift as a means to reduce environmental waste. As part of this collaboration, approximately 400 items were given to Thanalidam during the year 2024–2025.



Figure 38: Signing MoU with UC college, Aluva



4.3 Volunteer activities

Over the past year, the Amar Saath Cloth Collection Center has become a vibrant hub for volunteers dedicated to serving the community. Individuals from diverse backgrounds—including children, college students, homemakers, security personnel, professionals, teachers, and retired individuals—have actively participated in its activities, fostering a spirit of collaboration and service.



Figure 39: Volunteering Activities at Amar Saath thrift Store



Figure 40: NSS volunteers serving at Amar Daan-Thrift Store



5. FUTURE PLANS

5.1 Health Care

As we reflect on the success of the five medical camps conducted across six different parts of Ernakulam, its activities will be expanded in the coming year that include

5.1.1 Expanding Outreach:

In the upcoming year, we aim to conduct two medical camps per month in various locations of Kerala. This expansion will enable us to reach a wider demographic and provide essential healthcare services to more individuals in need. Each medical camp will continue to offer services, including medical consultations, health education sessions, and free medicine distribution. These services are essential for addressing both acute and chronic health needs within the community.

5.1.2 Focus on Non-Communicable Diseases:

Recognizing the growing prevalence of non-communicable diseases (NCDs) such as high blood pressure, diabetes, and cardiovascular conditions, we will prioritize the identification and management of these conditions during our medical camps. Specialized screenings and consultations will be offered to screen for and monitor NCDs among participants.

5.1.3 Follow-Up Care:

To ensure continuity of care for patients with NCDs identified during our medical camps, we will implement a better follow-up system. Trained healthcare professionals will conduct regular follow-up sessions with patients, providing medication adherence support, lifestyle counselling, and referrals to appropriate healthcare providers as needed.

5.2 Child Care & Education

Recognizing the need for accessible educational and childcare facilities, particularly in areas with high concentrations of women and children, we will establish tuition and day care centres in selected locations of Ernakulam. These centres will serve as safe and nurturing environments, where children can receive academic support, engage in learning activities, and access essential childcare services. We focus on following aspects:

5.2.1 Educational Support

We establish tuition centres that offer academic and language support to children from marginalised backgrounds, helping them excel in their studies and improve their academic performance.

5.2.2 Childcare Services

Day care centres shall be established in selected locations, which will provide a secure and supportive environment for children while their parents or guardians are at work or attending to other responsibilities.

5.3 Youth Skill Development

In the next year, we aim to increase the number of youths benefiting from the Amar Yuva programme. Our goal is to provide skill development training to a minimum of 60 youth, equipping them with the knowledge, expertise, and confidence needed to thrive in today's competitive job market. The specific focus is on:

5.3.1 Comprehensive Skill Development

The expanded programme will offer a comprehensive range of skill development courses tailored to the needs and interests of the participating youth. From vocational skills to soft skills training, our curriculum will be designed to enhance employability and empower youth to pursue meaningful and sustainable career paths.

5.3.2 Entrepreneurial Support

In addition to skill development training, we will be giving entrepreneurial support to selected participants in terms of mentorship, guidance, and financial assistance to help them turn their innovative ideas into successful business ventures.

5.3.3 Partnerships and Collaboration

In order to expand the activities, collaboration with various stakeholders, including educational institutions, industry partners, and community organizations will be done.

5.4 EcoSparsH

As the clothing donation initiative had a positive impact on marginalized people, we aim to expand our reach to more beneficiaries in the coming year. The focus is on:

5.4.1 Establishment of Collection Centres

In the next year, we will be establishing collection centres in residential flats and educational institutions. These centres will serve as convenient drop-off points for individuals and organizations looking to donate clothing items. By decentralizing the donation process, we aim to increase accessibility and encourage greater community participation in our initiative.

5.4.2 Community Engagement and Collaboration

The collaboration with local communities, residential associations, educational institutions, and non-profit organizations will be enhanced in coming year. Through community engagement initiatives, our primary goal is to expand the reach of our clothing donation programme to provide support to more beneficiaries, including migrants and tribal villages.

6. CSR PARTNERSHIPS

Corporate Social Responsibility (CSR) partnerships have played an important role in strengthening the outreach and impact of our programmes. During the period 2024–2025, our activities were strengthened through CSR support from partners such as Blossom and ESAF. Their support contributed to the implementation of community initiatives benefiting marginalized populations.

7. OUR SUPPORTERS

Amar Saath Foundation continues to strengthen its community initiatives with the generous support of various partners. BLOSSOM provides monthly donations that help sustain all major programmes of Amar Saath. ESAF has shown interest in supporting the education of migrant children at Kodanad and has taken responsibility for funding the tutor's fee. Collaborative efforts with Kerala University of Fisheries and Ocean Studies (KUFOS), JRI Ventures, and Tanalidam of Union Christian College (UC College) have enabled meaningful volunteering activities across all initiatives of Amar Saath Foundation.

Funders

The logo for Blossom, featuring the word "BLOSSOM" in a bold, black, sans-serif font.The logo for ESAF Small Finance Bank, featuring a blue square with a white cross and the text "ESAF" in red, with "ESAF SMALL FINANCE BANK" in blue below it.

Collaborations



8. CONCLUSION

During the reporting period, the organization continued its commitment to supporting marginalized communities through healthcare, education, skill development, and sustainability initiatives. A total of **6 medical camps** were conducted, **benefiting 552** individuals through medical consultation, health awareness, and free medicine distribution. Educational support initiatives reached **68 children**, while the Amar Yuva skill development programme provided training opportunities to **42 youths** to enhance their livelihood prospects. Through the EcoSparsh cloth collection and redistribution initiative, items like cloths and other household were collected and distributed, supporting **8233 individuals** in vulnerable communities including migrants and tribal populations. These initiatives were made possible through the dedicated efforts of volunteers, community partners, and CSR collaborations. The organization remains committed to expanding its outreach and continuing impactful interventions for underserved communities in the coming years.





AMAR SAATH IMPACT IN 2024-2025

TOTAL BENEFICIARIES

8895

MEN

3153

WOMEN

2790

CHILDREN

2952

INTERNSHIP

13

VOLUNTEERS

85

LEGAL CREDENTIALS

- Trust Deed
- CSR Form 1 Registration
- Darpan Registration
- Order under Section 12 A
- Order under Section 80G

Together & Forever



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our cause



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